



Lower Moutere School

SCHOOL ROAD, LOWER MOUTERE
www.lowermoutere.school.nz - office@lowermoutere.school.nz

ph.526 7775 Absentee txt 027 3398801



Kia Ora families and friends of Lower Moutere School,

29th May 2025

I'd like to start by thanking Jen and Lana for their organisation of the Room 1 and NE trip to the Suter Gallery. The children were well behaved, and the parent volunteers were excellent. The exhibition - In He Momo, nā te whānau (*what do we pass to the next generation*) artists from across Aotearoa respond to this question with works made over a 20 year period. We would like to thank Dr Esther McNaughton, Education Team Leader at The Suter - Te Aratoi o Whakatū for working with our children, explaining each piece of art and then for running our very own art making lesson at the conclusion of the tour.



Long weekend ahead - Friday 30th May Teacher Only Day therefore school is closed Monday 3rd June is King's Birthday

A reminder to you that this weekend is Kings Birthday, which means that Monday is a public holiday. The Kahui Ako (all schools in the Motueka region) will be completing the government mandated professional development days for the new Mathematics Curriculum. We will all be meeting at Parklands School to undertake this professional development.

Last Friday, we ran our School Cross Country. Wow what a fabulous event. The students gave it their all and had fun doing it (well maybe not so much going up the big hill). To everyone who participated, you can be very proud of yourself and your achievement. A big thank you to Mr Lynch for organising this. From Friday's event, a Team of 32 students have been selected to attend the Motueka Schools' Cross Country on Friday 6th June at Rabbit Island. This event will start at 10.15am. We will travel to and from this event by private passenger vehicle and the school minivan. If your child has been selected, they would have received a permission form. Please return these to school as soon as possible. We wish them all the best for a successful competition.



COLDS and FLUS....yes it's that time of the year when colds and flus come out to play! Have a read of the information below to determine – does my child have a cold or do they have the flu?

WINTER ILLNESS

Colds, flu and other respiratory illness are common in schools during winter. Here are some simple tips to prevent the spread of illness:

- Wash and dry hands regularly, especially after blowing your nose, coughing, sneezing, and using the toilet.
- Cough and sneeze into a tissue or your elbow, not your hand.
- Regularly clean high touch surfaces – door handles, taps, table tops, phones, computer keyboards, etc.
- If unwell, stay at home until 48 hours after symptoms have gone.
- Get a flu jab NOW – it's FREE for those aged 6 months to 12 years, pregnant women, and lots of other people.

For more information see: www.rph.org.nz/winterillness



Symptoms	Flu	Cold
Symptoms develop	Quickly	Gradually
Fever	High (38°-41°) for 3-4 days	Rare
Headache	Severe	Uncommon or mild
Aches and pains	Usual, often severe	Uncommon or mild
Fatigue and weakness	Can last 2-3 weeks	Mild for 2-3 days
Extreme exhaustion	Common, initially	Never
Stuffy nose	Sometimes	Usual
Sneezing	Sometimes	Usual
Sore throat	Sometimes	Usual
Cough	Common	Sometimes (mild to moderate)
Chest pain	Common and severe	Sometimes (mild)
Duration	1-2 weeks	5-7 days
Complications	Pneumonia, bronchitis	Sinusitis, ear infection, laryngitis, bronchitis

Te Whatu Ora
Health New Zealand

The colder months bring the coughs and colds, and the hard decision is made – do I send my child to school ... Thanks to the families who communicate student absence to us so effectively in relation to this. The emphasis in terms of attendance is for pupils to be at school every day, so as to benefit from uninterrupted learning opportunities. Please support our drive to achieve this by sharing our collective vision that 'Everyday Matters'.



Just a reminder that in the morning the school bus service leaves Motueka High School at 8.30am. There have been a few instances recently when the kind bus driver has waited for students until 8.35am. This means the bus is late arriving at school. Please ensure you are at the High School on time as the bus will be leaving at 8.30am sharp. If you do get on the bus at any other stop along the route please make sure you are waiting at the bus stop 5 minutes before the bus is due to arrive.

The approximate arriving times are:

Opposite Thomason Avenue: 8.34am

Hau Road: 8.36am

Just past Wildman Road: 8.38am

Arrive at Lower Moutere School: 8.42am



As a school we raised \$231 For Pink Shirt Day. Many thanks to everyone who contributed to this cause.

School Swimming Pool

Our school swimming has now closed. If you have hired a pool key, please can you return this to the school office as soon as possible. Many thanks!

STEM (Science, Technology Engineering & Mathematics) at Lower Moutere School

As we continue to navigate the exciting and ever-evolving landscape of education, I wanted to take a moment to highlight the increasing importance of STEM (Science, Technology, Engineering, and Mathematics) within our Lower Moutere School curriculum. As a school we are dedicated to fostering a love for discovery and problem solving. Through engaging and hands-on activities, our students are encouraged to ask questions, experiment, design, and analyse. These experiences not only build essential knowledge but also cultivate crucial skills such as creativity, collaboration, and resilience. They provide our children with the foundational skills they will need to thrive in a world that is increasingly shaped by scientific and technological advancements.

By nurturing their curiosity in science, introducing them to the basics of coding and digital literacy, encouraging them to think like engineers when solving challenges, and strengthening their mathematical reasoning, we are empowering our Tamariki to become the innovators and leaders of tomorrow.

We've already achieved:

- **Evolocity 2024:** Last year, a team of five Year 6 students competed against high school teams at the Regional Evolocity event—designing, building, and racing an electric vehicle. They won three of the four main awards. Building on that success, this year we have **two teams** participating: an all girls team and an all boys team from Years 6–7.
- **Aquabots:** We've entered two teams (Year 5–6 and Year 7–8) in the regional competition in Richmond, scheduled for October.
- **RoboCup Junior:** We're also participating in this coding and robotics challenge using our Edison robots. There's potential for our students to compete at the Nationals, which we hope to host right here at LMS in early August (TBC).

Altogether, **35 students across five classes (Years 5–8)** are actively involved in STEM projects this year.

We believe that by embracing STEM, we are opening up a world of possibilities for our students, helping them to develop into confident, capable, and curious citizens who can contribute meaningfully to our community and beyond.

Dance and Movement with Kase & Chloe

A couple of weeks ago we started a trial to bring dance and movement to our students for one session a week. I would like to thank Kasey & Chloe for donating their time, skills and passion to our children and for broadening their horizons within Dance and Movement. For more information about what Kase & Chloe do please see below.

Kia Ora.....Hello

We are Kasey and Chloe, we run a Toning based fitness class here in Motueka called "Tone with Kase & Chlo". Our classes are only a koha (donation) so anybody can attend. All classes held at the Motueka Memorial Hall.

We are an awesome duo with a huge passion for what we do "moving your bodies". We have been bringing Tone with Kase and Chlo to the community for 3 years now and have established an awesome class full of amazing people. Our classes are made up of so many different people from elderly to kids and everyone in between. People come to classes for all sorts of reasons such as:

Fitness/ weight loss, building strength, mental health, fun uplifting vibes, letting go for an hour of your time, being part of a community, awesome music and so much more

If anybody is interested in joining a class at Motueka Memorial Hall our days are:

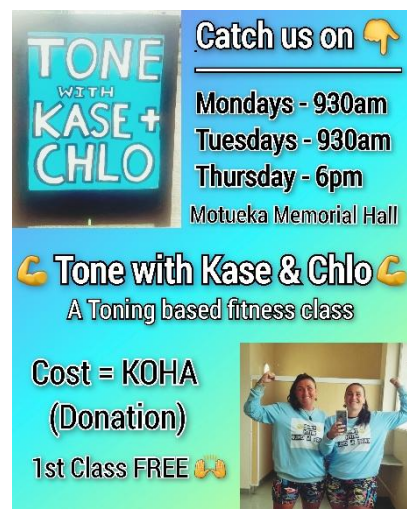
Mondays – 9.30am

Tuesdays – 9.30am

Thursdays - 6pm

Check us out on Facebook under

TONE with Kase and Chlo



TONE
WITH
KASE + CHLO


Catch us on 📍

Mondays - 930am
Tuesdays - 930am
Thursday - 6pm
Motueka Memorial Hall

👉 **Tone with Kase & Chlo** 👈
A Toning based fitness class

Cost = KOHA
(Donation)

1st Class FREE 🎁





With the cooler terms upon us, it is time to remind ourselves of the school uniform for the winter season. Students wear a school fleece (we have many spares at school), the school shirt (available from Whitwells) and either BLACK shorts or fleecy pants. If students are needing to wear a thermal, it can be either BLACK or DARK BLUE. Students can of course wear a jacket to school for extra warmth during breaks etc.

After school care!

A reminder that Lower Moutere School offers an after school care programme – that runs through to 5.30pm each evening! WINZ subsidy is available – so if you are needing that care after school, look no further!!

To book in, call 027 358 7233 or you can email kidzklubafter3@gmail.com for further details!

We look forward to catching up over the term ahead.



School Payments

If you have Motec, bus, sports fees or anything else on your children's account and are concerned about this please get in contact with us. You can contact the office or your child's teacher, in person, phone or by email and have a discussion. Remember we are here to help!

Please ensure your Payee Details have the family name and the payment reason.

School Bank Account Name: Lower Moutere School Board of Trustees

School Bank Account ASB Number: 12-3158-0184739-00

Absentee Messages

Phone: 03 526 7775, Text (only): 027 339 8801 or email the office atffice@lowermoutere.school.nz

Please provide the following details: Your child's name, room number and reason for absence.

It is important that you advise the school office of any absence for your child/ren.

If you are letting your child's teacher know, please ensure you also advise the school office.



Community Oral Health Service

For dental treatment prior to the Mobile Clinic return next year, contact the Community Oral Health Service for an appointment Ph 0800 833 846 or 528 1160 Option 7. For any urgent dental care, parents should contact a contracting dentist in their community.

Many thanks for your support for our school!

Bevan Clark

Principal / Tumuaki

MAY	
Thursday 29 th May	Board of Trustees Meeting 6pm in the Staffroom
Friday 30 th	Teacher Only Day
JUNE	
Monday 2 nd	Kings Birthday
Friday 20 th	Matariki
Thursday 26 th June	Board of Trustees Meeting 6pm in the Staffroom
Friday 27 th	Last Day of Term 2
JULY	
Friday 14 th	First Day of Term 3
AUGUST	
Friday 29 th	Daffodil Day - Mufti Day
SEPTEMBER	
Friday 12 th	School Photos
Friday 19 th	Last Day of Term 3
OCTOBER	
Monday 6 th	First Day of Term 4
Monday 27 th	Labour Day - Public Holiday
DECEMBER	
Thursday 18 th December	Last Day of Term 4



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GOLDEN 
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Golden Apiaries is a small family-owned business servicing Tasman, Golden Bay and Marlborough. They supply raw honey, pollination services and queens. The closest stockists of Tasman Gold Honey are Potters Patch in Motueka, which has their full range, Toad Hall, BeetRoot and Connings. You can also purchase directly through Choose or by emailing info@goldenapiaries.co.nz



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www.francisbuilders.co.nz

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Piano and Violin lessons in Motueka

Suzuki method music lessons for complete beginners aged 3 yrs+ with a parent/support person

www.katiesuzukimusic.com/

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- Children learn by ear then learn to read music
- Flexible lesson booking
- Pre-recorded videos on the website to use between lessons



Katie Dey
Qualified Suzuki
method teacher



WALK IN IMMUNISATION CLINICS

Tuesdays

from 18th Feb 2025

3 PM - 7 PM

Fridays

from 21st Feb 2025

9AM - 1 PM

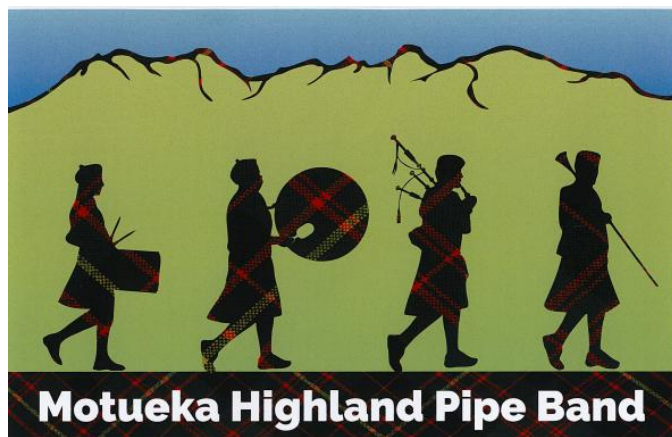
281 Queen Street Richmond

**All funded vaccines available
except Shingrix**

Health New Zealand
Te Whatu Ora
Nelson Marlborough

bookings available
via this QR code





Motueka Highland Pipe Band

Come and Join Us!

Learners & experienced players welcome.

Practice Mondays 7.30pm at Pipe Band Hall,
Old Wharf Rd (by Recreation Centre).
Alternative lesson times may be possible.

Please contact:

Hamish for Pipes - 027 284 8361 or

Fay for Drums - 021 039 3559

**Enjoy playing in the Band & displaying
our Scottish Culture at community events**

Membership for: Players and Supporters

The Band welcomes enquiries for bookings and solo playouts.
Contact Stuart: 021 0429 989

Motueka Highland Pipe Band on FACEBOOK



**“EMPOWER HER!”
SUPPORTING THE
FEMALE ATHLETE !**



**COMMUNITY
EDUCATION EVENING
FOR WHĀNAU,
COACHES &
MANAGERS**

WORKSHOP 1

PLAYERS & WHĀNAU

Date: Thursday 5th June

Venue: Putangitangi, Greenmeadows,
STOKE

Time: 5:30 PM - 6:30 PM

WORKSHOP 2

COACHES AND MANAGERS

Date: Thursday 5th June

Venue: Putangitangi, Greenmeadows
STOKE

Time: 7:00 PM - 8:30 PM

Keynote Speakers

JESSICA MOULDS

NZ Registered Dietitian, BSc Human Nutrition,
Master of Dietetics,
Sports Nutritionist

REBECCA ATTWELL

BSc Human Nutrition, MSc and current PhD
student

**Register
here:**

CLICK HERE

Nutrition for performance
and wellbeing

Training in alignment with
the menstrual cycle

Mental health and
resilience

Creating a positive and
supportive environment



BRIDGE VALLEY

CONFERENCE - CAMP - ADVENTURE

Bridge Valley Holiday Programme

Hey kids! We have some fun coming up these school holidays at Bridge Valley. From 7th-11th July, we are hosting day camps with a Virtual Reality theme! These camps are for ages 7-13, and include the following:

- *Bus ride to and from camp each day (stops from Nelson to Brightwater)*
- *A tasty lunch and snacks*
- *\$2 canteen each day*
- *Activities such as rock climbing, archery, mini golf, luge, kayaking, and more.*
- *Virtual Reality themed outdoor games*

Check out our website to register or to find out more

www.bridgevalley.co.nz

(03) 541 8465